



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><b>FITNESS CLASSES</b> <i>on reverse side</i></p>	<p>1 Bible Study Group: 8 am "Pickleball Chicks" group: 8 am Billiards open play: 10 am Games Group: 1 pm Writing Group: 3 pm <b>NATIONAL NIGHT OUT &amp; POTLUCK 5:30 PM</b></p>	<p>2 Arts &amp; Crafts Group: 9:15 am Horseshoes: 10 am Ping Pong open play: 10 am Mahjongg: 1 pm Adventurers Group: 6 pm TX Hold'em Poker: 6:30 pm</p>	<p>3 Rosary Warriors group: 9 am Tennis Group: 10 am Fun Bridge: 2 pm Billiards open play: 5 pm Golf Cart Group: 6 pm</p>	<p>4 Pickleball Play: 8 am Bicycling Group: 9 am Disc Golf play: 9 am Ping Pong open play: 1 pm <b>Cooking class: 3 pm</b></p>	<p>5 Birdwatchers Group with San Marcos group: Sunrise</p>
<p>6 Potluck Group 12 - 2 pm  Pickleball Play 7-9 pm</p>	<p>7 Bicycling Group: 9 am Putt Course Play: 1 pm 42 Dominoes group: 2 pm Ping Pong open play: 4 pm Fun ONES Singles Group: 6 pm Pickleball Play: 7 pm</p>	<p>8 Bible Study Group: 8 am "Pickleball Chicks" group: 8 am Billiards open play: 10 am Games Group: 1 pm  <b>Ascension Seton Hays Hands On CPR &amp; Falls Prevention seminar: 6 pm</b></p>	<p>9 Arts &amp; Crafts Group: 9:15 am Horseshoes: 10 am Ping Pong open play: 10 am Mahjongg: 1 pm We Love Wine group: 6 pm TX Hold'em Poker: 6:30 pm <b>San Marcos Family Medicine presentation with Dr. Lee: 6 pm</b></p>	<p>10 Rosary Warriors group: 9 am Tennis Group: 10 am <b>AGING IS COOL: 2 pm</b> Fun Bridge: 2 pm Billiards open play: 5-6 pm Craft Beer Group: 6 pm Veterans Group: 7 pm</p>	<p>11 Pickleball Play: 8 am Bicycling Group: 9 am Disc Golf play: 9 am Ping Pong open play: 1 pm <b>Cooking class: 3 pm</b>  <b>Community Garage Sale Preview 5:30—7:30 pm resident only</b></p>	<p>12 Dog Lovers Group: 9 am  <b>COMMUNITY GARAGE SALE 8 am - 2 pm</b></p>
<p>13 Potluck Group 12 - 2 pm  Pickleball Play 7-9 pm</p>	<p>14 Bicycling Group: 9 am Putt Course Play: 1 pm 42 Dominoes group: 2 pm Ping Pong open play: 4 pm Pickleball Play: 7 pm</p>	<p>15 Bible Study Group: 8 am "Pickleball Chicks" group: 8 am Billiards open play: 10 am Games Group: 1 pm Writing Group: 3 pm <b>Results Physiotherapy Seminar: 6 pm</b></p>	<p>16 Arts &amp; Crafts Group: 9:15 am Horseshoes: 10 am Ping Pong open play: 10 am Mahjongg: 1 pm Adventurers Group: 6 pm TX Hold'em Poker: 6:30 pm</p>	<p>17 Rosary Warriors group: 9 am Tennis Group: 10 am Fun Bridge: 2 pm Billiards open play: 5 pm <b>CTMC Dr. presentation: 6 pm</b></p>	<p>18 Pickleball Play: 8 am Bicycling Group: 9 am Disc Golf play: 9 am Ping Pong open play: 1 pm</p>	<p>19 Birdwatchers Group: 7:30 am</p>
<p>20 Potluck Group 12 - 2 pm  Pickleball Play 7-9 pm</p>	<p>21 Bicycling Group: 9 am Putt Course Play: 1 pm 42 Dominoes group: 2 pm Ping Pong open play: 4 pm Pickleball Play: 7 pm</p>	<p>22 Bible Study Group: 8 am "Pickleball Chicks" group: 8 am Billiards open play: 10 am Games Group: 1 pm</p>	<p>23 Arts &amp; Crafts Group: 9:15 am Horseshoes: 10 am Ping Pong open play: 10 am Mahjongg: 1 pm TX Hold'em Poker: 6:30 pm</p>	<p>24 Rosary Warriors group: 9 am Tennis Group: 10 am Fun Bridge: 2 pm Billiards open play: 5 pm</p>	<p>25 Pickleball Play: 8 am Bicycling Group: 9 am Disc Golf play: 9 am Ping Pong open play: 1 pm <b>Cooking class: 3 pm</b></p>	<p>26 Dog Lovers Group: 9 am</p>
<p>27 Potluck Group 12 - 2 pm  Pickleball Play 7-9 pm</p>	<p>28 Bicycling Group: 9 am Book Discussion group: 11:30 am Putt Course Play: 1 pm Quilting group: 1 pm 42 Dominoes group: 2 pm Ping Pong open play: 4 pm Pickleball Play: 7 pm</p>	<p>29 Bible Study Group: 8 am "Pickleball Chicks" group: 8 am Games Group: 1 pm <b>VENDOR FAIR 1 - 4 pm</b></p>	<p>30 Arts &amp; Crafts Group: 9:15 am Horseshoes: 10 am Ping Pong open play: 10 am Mahjongg: 1 pm <b>Pumpkin Carving Contest: 4 pm</b> TX Hold'em Poker: 6:30 pm</p>	<p>31 Rosary Warriors group: 9 am Tennis Group: 10 am Fun Bridge: 2 pm Billiards open play: 5 pm <b>Halloween Party 6:30 pm</b></p>	<p><b>HALLOWEEN PARTY</b> <b>6:30 PM - 9:30 PM</b></p> <p><b>Golf Cart Parade 6:15 pm</b> <b>DJ Music, Dancing, Games, Treats, Prizes, and Tomfoolery!</b></p>	



# FITNESS CLASSES

## OCTOBER 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p><b>At this time all classes are offered at no charge to residents.</b></p>		1 Tai Chi : 9:30 am - Margaret  Yoga : 11 am - Mark	2 Pilates : 9 am - Mark	3 FIT Camp : 7:55 am - Ros	4 Yoga : 8 am - Hayat  Sit & Be Fit : 10 am - video	5 Zumba Gold : 10 am - Janet	
		6  7 Boot Camp : 8:15 am - Mark  Sit & Be Fit : 10 am - video	8 Tai Chi : 9:30 am - Margaret  Yoga : 11 am - Mark	9 Pilates : 9 am - Mark	10 FIT Camp : 7:55 am - Ros	11 Yoga : am - Hayat  Sit & Be Fit : 10 am - video	12
		13  14 Boot Camp : 8:15 am - Mark  Sit & Be Fit : 10 am - Sherri	15 Tai Chi : 9:30 am - Margaret  Yoga : 11 am - Mark	16 Yoga : 7:45 am Easy Tiger  Pilates : 9 am - Mark	17 FIT Camp : 7:55 am - Ros	18 Yoga : 8 am - Hayat  Sit & Be Fit : 10 am - video	19 Zumba Gold : 10 am - Janet
		20  221 Boot Camp : 8:15 am - Mark  Sit & Be Fit : 10 am - video	22 Tai Chi : 9:30 am - Margaret  Yoga : 11 am - Mark	23 Pilates : 9 am - Mark	24 FIT Camp : 7:55 am - Ros	25 Yoga : 8 am - Hayat  Sit & Be Fit : 10 am - video	26
		27  28 Boot Camp : 8:15 am - Mark  Sit & Be Fit : 10 am - Sherri	29 Tai Chi : 9:30 am - Margaret  Yoga : 11 am - Mark	30 Yoga : 7:45 am Easy Tiger  Pilates : 9 am - Mark	31 FIT Camp : 7:55 am - Ros	 	